



## Impact of modified atmospheric packaging and edible coatings on quality of minimally processed prickly pear during cold storage

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### Abstract

This study was performed to investigate the effect of different concentrations of modified atmospheric packaging (MAP) which consists of a mixture of gases CO<sub>2</sub>, N<sub>2</sub> and O<sub>2</sub>, by some treatments such as (C): (60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub>) and (D): (60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub>) with edible coating and under vacuum packing where the treatment; (B) compared with control sample (A) on quality attributes and prolong shelf-life of minimally processed prickly pear during cold storage. All treatments were stored at (4±1°C) and relative humidity (90-95%) for 21 days and the quality parameters such as weight loss, firmness, total soluble solids (TSS), titratable acidity (TA), total carotenoids, total bacterial count, psychrophilic bacterial count, moulds and yeasts count, total colony count and sensory evaluation were done. The results observed the treatment (D) was the best for reduction of microbial load followed by treatment (C) then treatment (B) until 15 days of storage as compared to control (A) at 6 days of storage. The use of modified atmosphere packaging, either alone or in combination with the edible film, reduced the deterioration of the physiochemical characteristics of minimally processed prickly pear samples during cold storage. The obtained data indicated that the sensory evaluation, it became clear that packing in a modified atmosphere with edible coating (D) was the best, followed by packing in a modified atmosphere alone (C), which prolongs the shelf life, freshness and quality of the fruits when stored under the conditions of cooling and the relative humidity of the laboratory prickly pears which was more efficiency from storage under vacuum or without treatment as in the control sample (A). Also, these modified atmosphere packaging and edible coating showed a great influence on the quality and shelf life of the treated samples. Finally, it is evident from the results obtained that modified atmosphere packaging and edible film significantly affected the retention of the tested samples for quality characteristics in general.

**Keywords:** minimally processed prickly pear, modified atmosphere packaging, edible coating, physiochemical properties, total carotenoids, microbial examination.

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## 1. Introduction

Prickly pear (*Opuntia* sp.) is an excellent source of antioxidant, fiber and other bioactive compounds, which give a special quality as functional food. Recently, demand for minimally processed fruits and vegetables has increased. Ready-to-eat commodities might have similar nutrition and sensory properties as whole fresh products (Artés *et al.*, 2007). The consumption of fresh fruits and vegetables has been associated with enhanced human health because of their bioactive compounds. Minimally processed fresh-cut fruit and vegetables is a division of the food processing industry with potential to grow due to the convenience, healthiness, attractive appearance, and flavor of products (Chafer *et al.*, 2008). Therefore, the availability of the ready-to-eat products has increased in markets and supermarkets. There is a difficulty in the process of peeling fruit makes this unattractive to the consumer who is not known how to avoid contact with the many thorns that has in its shell (Tesoriere *et al.*, 2005). Prickly pear is the fruit of the *Opuntia* spp., origin from Mexico. The fruit is appreciated for its flavor and juiciness. It is an oval shaped fruit that contains many seeds, a thick skin, and many prickles on the surface (Ochoa and Guerrero, 2012). Some researchers have demonstrated that the red prickly pear pulp has antioxidant compounds, such as ascorbic acid, total carotenoids, and betalains. However, the main problem with commercial marketing of prickly pears is their perishability due to the low acid and high sugar contents

(Piga *et al.*, 2000). Effect of chitosan coatings on the physicochemical, antioxidant, microbiological, and sensorial characteristics of peeled white and red prickly pears minimally processed fresh-cut fruit is a division of the food processing industry with potential to grow due to the convenience, healthiness, attractive appearance, and flavor of products (Artés *et al.*, 2007; Chafer *et al.*, 2008). The envelope (packaging, wrapping or coating) plays an important role on the conservation, distribution and marketing of foodstuff. Some of its functions are to protect the product, from mechanical damage, physical, chemical and microbiological activities. Some studies have been recognized the importance of assessing the preformed matrix of edible films in order to quantify various parameters such as mechanical, optical and antimicrobial properties, since this envelope creates a modified atmosphere (MA) restricting the transfer of gases ( $O_2$ ,  $CO_2$ ) and also becoming a barrier for the transfer of aromatic compounds (Osman, 2011). The three main gases used in MAP are  $CO_2$ ,  $O_2$ , and  $N_2$ , either singly or in combination. The first, Carbon dioxide ( $CO_2$ ) is the most important gas in the MAP of foods because of its inhibit the growth of many spoilage bacteria, the degree of inhibition proportional to increasing of concentration. It is particularly effective against aerobic spoilage bacteria, such as *Pseudomonas* spp. The solubility of  $CO_2$  increases with decreasing temperature and therefore the antimicrobial activity of  $CO_2$  is markedly greater at lower temperatures. There is a significant implication for MAP of foods. High levels of  $CO_2$  can

also result in increased exudate from flesh foods, and the addition of absorbent pads in the base of the package is used to compensate for this. The second, gas oxygen (O<sub>2</sub>) promotes several types of deteriorative reactions in foods, including fat oxidation. Most of the common spoilage bacteria and fungi require O<sub>2</sub> for growth. For these reasons, O<sub>2</sub> is either excluded or the level set as low as possible. The third gas nitrogen (N<sub>2</sub>) is an inert gas with no odor or taste and a low solubility in water and other food constituents, making it a useful filler gas in MAP to counteract package collapse caused by CO<sub>2</sub> dissolving in the food. Nitrogen indirectly influences the microorganisms in perishable foods by retarding the growth of aerobic spoilage microbes, (Kaleemullah, 2002). The edible films are classified into three categories taking into account the nature of their components: hydrocolloids (containing proteins, polysaccharides), lipids (constituted by fatty acids, acyl glycerols or waxes) and composites (made by combining substances from the two categories (Donhowe and Fennema, 1994). Polysaccharide-based coatings have been used to extend the shelf-life of fruits and vegetables by reducing respiration and gas exchange due to selective permeability to O<sub>2</sub> and CO<sub>2</sub> (Nussinovitch, 1997; 2000). White (*Opuntia albicarpa*) and red (*Opuntia ficus-indica*) prickly pears were peeled and submerged in chitosan solutions containing different concentrations of acetic acid (1.0 or 2.5%) to obtain ready-to-eat prickly pear products. Some physicochemical (pH, total soluble solids, color and weight loss), antioxidant

(phenolic compounds and antioxidant activity), microbiological (aerobic mesophile bacteria and yeasts plus molds), and sensory (color, firmness, aroma, flavor, and overall acceptability) characteristics were assessed during 16 day of storage at 4°C (Ochoa-Velasco and Guerrero-Beltrán, 2014). This study aimed to investigate the effect of modified atmospheric packaging and edible coatings as a hydrophilic polymer in delaying degradation of minimally treated prickly pear by extending post-harvest life and to develop a mathematical model for weight loss of minimally processed prickly pear during cold storage.

## 2. Materials and methods

### 2.1 Materials

Balady prickly pear (*Opuntia ficus-indica* L.) cultivar Shami was obtained from experimental station of Horticultural Research Institute, Elkalubia governorate, Egypt. The substances used in this experiment were plate count agar (Coo 441/1, ADWIC Co., Egpt), ethanol (Eoo 5811, 95%, ADWIC, Co., Egypt), sodium hydroxide (un /1823 Chemicals Co., UK), glycerin (P05650, El-Gomhouria Co., Egypt.), methylcellulose and starch (010276, Jenapharm, Germany), citric acid (8010295, ADWIC, Co., Egypt), Nisin (Acros Organics, Belgium) and calcium hypo chlorides (El-Gomhoria Co., Egypt). Soybean oil acquired from the Food Technology Research Institute, Agriculture Research Center, Egypt.

## 2.2 Methods

### 2.2.1 Gas measurements

The gas composition inside the packages was measured by a gas analyzer, modified atmospheric packaging and edible coatings of minimally processed prickly pear were sealed by a Model Witt Oxybaby headspace Gas analyzer (O<sub>2</sub>, CO<sub>2</sub>, and N<sub>2</sub>) company Sagueny Group Wittgas stored at 4±1°C. Air packaged group was used as a control group. Analyses were done on air, under vacuum, modified atmospheric packaging and edible coatings of minimally processed prickly pear by using two packaging separately. Of course, Witt is certified according to ISO 22000. This international standard specifies a food safety system.

### 2.2.2 Leakage test

Test for the leakage of gaseous A polyamide /polyethylene gas barrier of modified atmosphere packaging and edible coating of minimally processed prickly pear by a company Wittgas (Sagueny Group) offers certified high-quality systems for the leak detection of all types of product packages. You can choose between leak detection systems for sample or continuous checks – based on CO<sub>2</sub>, N<sub>2</sub>, O<sub>2</sub> or as a bubble test company Sagueny Group.

### 2.2.3 Preparation of minimally processed prickly pear

The prickly pear fruits were peeled using a sharp knife. The fruits was packaged in polyamide /polyethylene, then packaged in the foam tray capacity of each 3-4 fruits. All samples were kept at refrigerator (4±1°C) and relative humidity (90–95%). The cold storage was carried out in the Post-harvest Research Department, Horticulture Research Institute, Agriculture Research Center, Giza, Egypt. During storage period the samples were periodically with down for analysis.

### 2.2.4 Preparation of edible coating

The edible coating was prepared by stirring of methylcellulose (1.44 g) in 75 ml of distilled water at 75°C for 10 min, and dispersion and gelatinization of corn starch (3.19 g) in 75 mL of water at 95°C for 30 min. Gelatinized starch was homogenized at 4000 rpm for 1 min. Glycerol (1.16 g) was then added to the methylcellulose and the dispersion was homogenized at 4000 rpm for 1 min. The components were mixed using a magnetic stirrer. Methylcellulose and prepared starch were mixed together and maintained at 75°C for 10 min under continuous stirring. Soybean oil (1.45 g) was added to the starch– methylcellulose glycerol dispersion, and the mixture was predisposed under magnetic stirrer at 75°C for 2 min before being homogenized at 4000 rpm for 2 min. In this trial, the described film formation solution mentioned above was modified by adding (0.1g /100 ml) of Nisin. The

emulsion was then maintained under magnetic stirrer at 75°C for 10 min (Bravin *et al.*, 2006). Packaging with modified atmospheric packaging and edible coatings of minimally processed prickly pear was divided into four treatments: Treatment (A): as a control treatment without any modifications, Treatment (B): Under vacuum, Treatment (C): Internal gas mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> / 20% O<sub>2</sub>, Treatment (D): Internal gas mixture mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> and edible coating. All samples were packaged with polyamide /polyethylene, then packaged in the foam tray capacity of each 3-4 prickly pear (40 gram weight fruit). All samples were kept after packaging in the refrigerator (4±1°C). Polyamide /polyethylene were obtained from Tecno-plast Company, Bourge El-Arabe, Cairo, Egypt.

### 2.2.5 Chemical analysis

Moisture, total sugar, ash, fiber, protein, lipids and total solid were determined according to AOAC (2010).

#### 2.2.5.1 Active compounds and minerals

Minerals (Na, K, Ca, Fe, Mg, Cu and Zn) were determined by Atomic Absorption Units (GBC 932 AA) according to AOAC (2010). Ascorbic acid (Vitamin C) was determined according to AOAC (2010) and results were expressed as mg of ascorbic acid equivalents per 100g (Contreras-Calderon *et al.*, 2011).

#### 2.2.5.2 Total phenols and total flavonoids

Total phenols content was extracted according to Kahkonen *et al.* (1999) and Ivanova *et al.* (2010) while, was determined according to Elfalleh *et al.* (2009) by using spectrophotometer. Total flavonoids were measured spectrophotometrically according to Djeridane *et al.* (2006).

#### 2.2.5.3 Weight loss

Weight loss percentage was estimated according to the method of Han *et al.* (2004) then calculated using the following equation:

$$\text{Weight loss \%} = (\text{Initial fruit weight} - \text{Stored fruit weight at sampling date}) \times 100 / \text{Initial fruit weight}$$

#### 2.2.5.4 Total soluble solids

Total soluble solids (TSS) was determined by the refractometric method at room temperature using an Abbe refractometer (carl-zeissjena) in juice pressed from a sample of homogenized fruit slices according to Konopacka and Plochanski (2004).

#### 2.2.5.5 Titratable acidity

Titrateable was measured by titration against NaOH (0.1N) using phenolphthalein a indicator according to AOAC (2010).

#### *2.2.5.6 Texture profile analysis*

Texture profile analysis (Firmness) was determined by a universal testing machine (Cometech, B type, Taiwan) at Food Technology Research Institute, Giza, Egypt provided with software. An aluminum 25 mm diameter cylindrical probe was used in a compression test to penetrate to 50% depth, at 1 mm /s speed test. The height of the peak is a measure of degree of Firmness in Newton (N) (Bourne, 2003).

#### *2.2.5.7 Total carotenoids content*

Total carotenoids content was determined in the fresh fruits according to Askar and Treptow (1993).

#### *2.2.6 Total bacterial count*

Total bacterial count was determined according to American Public Health Association (APHA, 1992). The microbiological examination comprised total colony count as following: Under aseptic conditions, 50 gram of each sample were added to 450 ml of sterilized peptone water (1 gm /liter) in sterilized glass blender jar and blended for 5 min. Appropriate serial dilution were done and then 10 ml of every sample was plated by standard microbiological pour plat technique. According to APHA (1992), all the microbiological counts were carried out in duplicates. The plates were incubated at 37°C for 48 hours (APHA, 1992).

#### *2.2.6.1 Psychrophilic bacterial count*

Psychrophilic bacterial count was estimated as described in typical procedure of the total bacterial count method, except incubation at 7°C for 5 days in refrigerator.

#### *2.2.6.2 Moulds and yeasts count*

The moulds and yeast were determined using methods of the microbiological examination of foods described by the American public Health Association (APHA, 1992) using malt extract agar medium.

#### *2.2.6.3 Total colony count*

The total colonies of bacteria were estimated using plate count agar medium. The plates were incubated at 37°C for 48 hours.

#### *2.2.7 Sensory evaluation*

Sensory evaluation was carried out to fresh and during the cold storage by 10 judges belonging to Food Engineering and Packaging Department, Food Technology Research Institute, Agricultural Research Center, Giza, Egypt. The scoring points were 30, 10 and 60 for flavor, color and appearance, respectively (Deka *et al.*, 1984).

#### *2.2.8 Statistical analysis*

The obtained data were subjected to the proper statistical analysis using the

MSTAT statistical software. The mean values were compared using LSD method at 5% level and  $Treatments = T$   $LSD\ Storage\ period = S$   $LSD\ (Storage\ period * Treatments) = T * S$ . The data were tabulated and statistically analyzed using factorial analyses according to the completely randomized design (Snedecor and Cochran, 1989).

### 3. Results and Discussion

#### 3.1 Gas measurements

The results in Table (1) indicated that the observed that modified atmosphere packaging and edible coating of minimally processed prickly pear (Injected and enhanced products) was the highest level after 18 and 21 days with treatments C and D, while the lower level was found with treatment B after 15 days as compared to treatment A at 6 days of cold storage for both seasons. Efficiency of carbon dioxide (CO<sub>2</sub>) is characterized the kept highly activates of solubility and concentration property of fat content, which works to expel oxygen and their replacement, thus concentration reduction of oxygen in the fatty substances and ability, reduce oxidation processes and improve the overall appearance of the product and separation of slides minimally processed prickly pear oxygen activates the growth of aerobic bacteria, but inhibits the growth of non-aerobic bacteria, and oxygen is important for fresh prickly pear. Nitrogen is an inert gas that is not soluble in both

water and fat. It is used to replace oxygen in containers, oxidation delaying and inhibits the growth of air microbial. Also, nitrogen is an inert gas that is maintained on the package from degradation that may be occurring during handling food products. According to Kaleemullah (2002) and Hunt and Mohan (2008) these gases have the preservative effects on the packed minimally processed prickly pear. Their effect on microbial changes of product throughout the storage period highly depends on type gas internal package atmospheric and packaging materials, appropriate gas composition, storage (Masniyom, 2011). However, it is acknowledged that the respiration of the enclosed food material, biochemical reactions and slow-moving gases in and out of the packaging materials would lead to the changes in gaseous atmosphere throughout the storage period which can affect the expected shelf life (Velu *et al.*, 2013) and when testing the Leakage test, it was he found that there was no detections of gas leakage test or bubbles was found from analysis of the tested parameters for the packaging materials used for internal package atmosphere are gas proof with polyamide /polyethylene films for packed minimally processed prickly pear.

#### 3.2 Physicochemical characteristics

##### 3.2.1 Chemical composition

Data in Table (2) showed that prickly pear fruits contained moisture (83.82 and

86.2%), total solid (16.18 and 13.8%), total sugars (12.08 and 14.9), ash (0.82 and 0.98%), fiber (4.15 and 3.38%), protein (0.72 and 0.85%) and lipids (0.57 and 0.43%) for season 2019 and 2020, respectively. These results are in agreement with those obtained by Cota-Sánchez (2015) and Jambi Hanan (2017). These differences in chemical

composition of prickly pear may be due to the different environmental conditions during two seasons. Total sugars content of prickly pear was increasing the sensory quality represented in the sweetness obtained these sugars, in addition to the nutritional value of the other ingredients.

Table (1): Gas composition of internal modified atmospheric packaging and edible coatings of minimally processed prickly pear during cold storage at (4±1°C).

Storage period (days)	Season 2019											
	A			B			C			D		
	CO <sub>2</sub> %	N <sub>2</sub> %	O <sub>2</sub> %	CO <sub>2</sub> %	N <sub>2</sub> %	O <sub>2</sub> %	CO <sub>2</sub> %	N <sub>2</sub> %	O <sub>2</sub> %	CO <sub>2</sub> %	N <sub>2</sub> %	O <sub>2</sub> %
3	0.5	78.7	20.8	0.04	0.2	0.04	60.0	20.0	20.0	59.5	20.4	20.4
6	0.4	78.2	20.0	1.0	1.5	1.2	56.2	19.5	19.8	57.2	19.6	20.2
9	R	R	R	1.6	1.9	1.8	54.4	18.5	19.5	56.2	18.7	20.0
12	R	R	R	2.0	2.1	2.0	53.8	17.8	18.7	54.5	17.6	19.8
15	R	R	R	3.6	3.4	3.2	52.6	17.5	18.4	52.3	17.5	19.2
18	R	R	R	R	R	R	50.20	16.8	18.0	51.8	16.6	18.6
21	R	R	R	R	R	R	R	R	R	51.0	16.0	18.2
Season 2020												
3	0.5	78.6	20.9	0.4	0.3	0.05	59.6	19.8	20.6	59.0	19.4	20.6
6	0.3	77.6	20.0	1.5	1.9	1.1	58.8	19.5	19.3	58.6	19.0	20.0
9	R	R	R	1.8	2.0	1.9	57.5	18.6	19.2	56.8	18.8	19.8
12	R	R	R	2.5	2.6	2.4	55.2	18.5	18.5	54.6	18.0	19.6
15	R	R	R	3.7	3.8	3.0	52.5	17.6	18.0	52.3	17.6	19.0
18	R	R	R	R	R	R	49.9	16.6	17.8	51.4	17.2	18.6
21	R	R	R	R	R	R	R	R	R	49.6	16.5	18.0

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected.

Table (2): Chemical composition of minimally processed prickly pear.

Components	Percentage (%)	
	Season 2019	Season 2020
Moisture	83.82	86.2
Total solids	16.18	13.8
Total sugars	12.08	14.9
Ash	0.82	0.98
Fiber	4.15	3.38
Protein	0.72	0.85
Lipids	0.57	0.43

### 3.2.2 Active compounds

The obtained data from Table (3)

revealed that prickly pear contained minerals as (Ca: 39.45 and 43.18), (Fe: 0.17 and 0.24), (Na: 7.15 and 12.02), (K:



124.10 and 117.8) and (Mg: 35.7 and 31.15) mg /100g for seasons 2019 and 2020, respectively. Also, another important compounds as vitamin C, total flavonoids and total polyphenols are found in prickly pear.

Table (3): Active compounds of prickly pear.

Active compounds	Prickly pear	
	Season 2019	Season 2020
Minerals (mg/100g)		
Ca	39.45	43.18
Fe	0.17	0.24
Na	7.15	12.02
K	124.10	117.8
Mg	35.7	31.15
Vitamins (mg/100g)		
Ascorbic acid	18.77	22.14
Antioxidant compounds		
Total flavonoids (g/100g)	4.15	7.11
Total phenolics (mg gallic acid equivalents /100g)	195.12	200.4

Which were 18.77 and 22.14 mg /100 g, 4.15 and 7.11g /100g and 195.12 and 200.4 mg gallic acid equivalents /100g, respectively. It observed from the same table some differences between all compounds which may be due to growing conditions during two seasons. These findings are in agreement with Gissler and Powers (2010) and Belviranl *et al.* (2019). From the previous results clearly evident that prickly pear is a good source in minerals and active compounds which work as antioxidants. So, it was concluded that prickly pear fruit is useful for health and prevent from the diseases.

### 3.2.3 Weight loss

Weight loss was significantly ( $p \geq 0.05$ ) increased with the prolongation of the cold storage period for all treatments (Table 4). Normally, the weight loss

occurs during the prickly pear fruits storage due to its respiratory process, the transference of humidity, and some processes of oxidation. Edible coatings are selective barriers to O<sub>2</sub> and CO<sub>2</sub>, modifying internal atmospheres and slowing down the respiration rate of fruits, which in-turn reduced weight loss (Debeaufort and Quezada-Galloand, 1998). Wrapping by guar or xanthan play a role in oxygen reduction within the wrapped sample, therefore can protect these characters, presumably through prevention of oxidation (Wong *et al.*, 1994). The chitosan coating containing 1.0% of acetic acid lessened the weight loss in white and red prickly pears. However, both types of prickly pears treated with chitosan containing 2.5% of acetic acid showed the highest weight loss during storage. Experiments have indicated that the application of edible coatings to whole and minimally

processed fruits and vegetables may prevent weight loss, according to Ochoa-Velasco and Guerrero-Beltrán (2014). Edible coatings reduced the weight loss because it has semi-permeable properties which lead to extend shelf life by reducing the moisture content (Bellaouchi *et al.*, 2017).

Table (4): Effect of modified atmospheric packaging and edible coatings on weight loss of minimally processed prickly pear during cold storage at (4±1°C).

Storage days	Treatments			
	A	B	C	D
Season 2019				
3	1.65	1.50	1.32	1.25
6	5.42	3.00	2.59	2.12
9	R	4.12	3.45	3.23
12	R	5.23	4.67	3.89
15	R	5.10	4.89	4.33
18	R	R	5.35	4.95
21	R	R	R	5.45
LSD at 0.05%	Storage period (S) = 0.5441    Treatments (T) = 0.6592    S&T = 1.667			
Season 2020				
3	1.70	1.54	1.35	1.27
6	5.45	3.11	2.63	2.45
9	R	4.36	3.76	3.68
12	R	5.43	4.87	3.93
15	R	5.67	4.95	4.94
18	R	R	5.72	5.12
21	R	R	R	5.96
LSD at 0.05%	S = 0.5572    T = 0.664    S&T = 1.1456			

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected.

### 3.2.4 Total soluble solids

The results in Table (5) indicated that the total soluble solids (TSS) of minimally processed prickly pear was increased with increasing storage period, might due to the evaporation of water wrapping by gum which play a role in reduction within the wrapped sample, therefore can protect these characters, presumably through prevention of oxidation (Wong *et al.*, 1994). Coating film on the surface of strawberry reduced respiration rate and vital process, thus reducing the loss

of TSS during storage (Tanada-Palmu and Grosso, 2005). The interaction between treatments and storage period was not significant ( $p \geq 0.05$ ) in both seasons.

### 3.2.5 Titratable acidity

Data in the Table (6) showed that, the slight decrease in acidity of prickly pear fruits during storage period. A slow decrease in acidity may be due to natural variability among cultivars. These results are in agreement with those obtained by

Barbera *et al.* (1992). However, the decrease of acidity during storage demonstrated fruit senescence. The same authors outlined that coatings may slow

the changes in pH, titratable acidity and effectively delaying fruit senescence (Abd El-Zaher, 2008; Bellaouchi *et al.*, 2017).

Table (5): Effect of modified atmospheric packaging and edible coatings on total soluble solids of minimally processed prickly pear during cold storage at (4±1°C).

Storage days	Treatments			
	A	B	C	D
Season 2019				
3	10.45	10.50	10.60	10.75
6	13.63	10.70	11.85	11.98
9	R	12.95	11.20	12.35
12	R	13.35	12.45	13.65
15	R	14.58	13.85	14.87
18	R	R	15.97	16.00
21	R	R	R	17.55
LSD at 0.05%	S = 1.3442 T = 0.1677 S&T = 0.2976			
Season 2020				
3	10.42	10.64	10.65	10.79
6	13.60	11.78	11.90	11.10
9	R	12.98	12.35	12.45
12	R	13.42	13.65	13.85
15	R	14.67	14.90	14.14
18	R	R	15.20	16.74
21	R	R	R	17.95
LSD at 0.05%	S = 0.0265 T = 0.0278 S&T = 0.564			

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected. S = Storage period, T= Treatment, S&T= Intefaction between treatments and storage period.

### 3.2.6 Firmness

Data in Table (7) revealed that firmness of prickly pear fruits was decreased during cold storage in both modified atmosphere packaging mixing, (60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub>) with edible coating (D) and mixing, (60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub>) (C) while, under vacuum have a clear significant different on firmness (N) than that of control sample. Also, data in Table (4) revealed that prickly pear fruits before storage were firmness than the end of storage period. There was significant

(p≥0.05) reduction in fruit firmness loses during storage in all modified atmospheric packaging, edible coatings and under vacuum compared with the control sample. These results are in agreement with those obtained by Rodriguez *et al.* (1992). It could be responsible for delaying ripening which resulted in the reduction of firmness loss during storage. Tanada-Palmu and Grosso (2005) found that increasing of respiration activates with increasing of water loss and most likely decreased potential texture depression.

Table (6): Effect of modified atmospheric packaging and edible coatings on titratable acidity (g/100g) of minimally processed prickly pear during cold storage at (4±1°C).

Storage days	Treatments			
	A	B	C	D
Season 2019				
3	0.72	0.74	0.76	0.78
6	0.46	0.68	0.71	0.73
9	R	0.62	0.64	0.66
12	R	0.47	0.50	0.54
15	R	0.35	0.40	0.42
18	R	R	0.36	0.38
21	R	R	R	0.34
LSD at 0.05%	S = 0.0708 T = 0.0765 S&T = 0.152			
Season 2020				
3	0.73	0.75	0.77	0.79
6	0.47	0.69	0.73	0.75
9	R	0.64	0.65	0.67
12	R	0.50	0.52	0.54
15	R	0.37	0.42	0.44
18	R	R	0.37	0.39
21	R	R	R	0.33
LSD at 0.05%	S = 0.0765 T = 0.0683 S&T = 0.1562			

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected. S = Storage period, T= Treatment, S&T= Intefaction between treatments and storage period.

Table (7): Effect of modified atmospheric packaging and edible coatings on firmness (N) of minimally processed prickly pear during cold storage at (4±1°C).

Storage days	Treatments			
	A	B	C	D
Season 2019				
3	62.15	64.32	66.16	68.54
6	56.56	62.10	64.56	66.56
9	R	59.65	62.00	64.65
12	R	57.45	60.45	62.67
15	R	55.34	58.56	60.78
18	R	R	56.43	58.65
21	R	R	R	56.45
LSD at 0.05%	S = 3.925 T = 4.384 S&T = 7.634			
Season 2020				
3	61.00	63.23	64.68	66.78
6	54.56	61.56	62.78	64.45
9	R	59.56	60.67	62.84
12	R	57.58	58.75	60.89
15	R	55.65	56.46	59.10
18	R	R	54.67	57.65
21	R	R	R	55.47
LSD at 0.05%	S = 2.845 T = 3.452 S&T = 5.862			

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected. S = Storage period, T= Treatment, S&T= Intefaction between treatments and storage period.

### 3.2.7 Total carotenoids

The obtained results in Table (8) showed that the carotene was increased with increasing the storage period. It was also observed that treatment with gases preserved carotene, which led to an increase in the percentage of carotene,

followed by edible coating (gases) and vacuum as compared to the control, where it decreased. de Figueiredo *et al.* (2002) reported that the increasing of carotenoids during refrigerator storage due to chlorophyll degradation and converted its carotenoids at minimized rate.

Table (8): Effect of modified atmospheric packaging and edible coatings on total carotenoids of prickly pear during cold storage at (4±1°C).

Storage days	Treatments			
	A	B	C	D
Season 2019				
3	11.70	12.45	13.25	14.46
6	11.95	12.88	13.70	14.68
9	R	13.35	13.95	14.95
12	R	13.90	14.00	15.25
15	R	14.45	14.25	15.55
18	R	R	14.56	15.89
21	R	R	R	15.95
LSD at 0.05%	S = 0.135    T = 0.0126    S&T = 0.0264			
Season 2020				
3	11.20	12.10	13.12	14.21
6	11.56	12.45	13.24	14.56
9	R	12.85	13.65	14.89
12	R	13.24	13.94	14.97
15	R	13.60	14.19	15.23
18	R	R	14.45	15.39
21	R	R	R	15.45
LSD at 0.05%	S = 0.01562    T = 0.0184    S&T = 0.0438			

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected. S = Storage period, T= Treatment, S&T= Intefaction between treatments and storage period.

### 3.3 Total bacterial count, psychrophilic bacterial count and moulds and yeasts

The results indicated in the Table (9, 10, 11) show that microbial total count, psychrophilic bacterial count and moulds and yeasts growth were increased with increasing the storage period. However, modified atmospheric packaging, edible coating and under vacuum treatment was the most effective treatments for

reducing total microbial, psychrophilic bacterial count and moulds and yeasts counts, without significant ( $p \leq 0.05$ ) differences between the two modified atmospheric packaging and edible coatings treatments. Microbe populations were unchanged in white prickly pears (10 CFU × 10<sup>-1</sup>/g) and slightly increased in red prickly pears (10–500 CFU × 10<sup>-1</sup>/g) coated with chitosan during the entire storage time, according to Ochoa-

Velasco and Guerrero-Beltrán (2014). The chitosan coatings lessened the population growth of aerobic mesophiles during the entire storage time. Both cultivars of prickly pear never reached the maximum amount ( $1500 \text{ CFU} \times 10^{-1}/\text{g}$ ) permitted Official Norm NOM-093-SSA1-1994 (1994). Yeast and mold populations on the controls were below detection at 0 and 4 d, and increased to 30.44 and  $50 \text{ CFU} \times 10^{-1}/\text{g}$  after 8, 12,

and 16 day, respectively. Among those treated with chitosan coatings yeast plus mold populations were below detectable levels except they were 15 after 16 day in treatment with chitosan in 1.0% of acetic acid. With red prickly pears, yeast plus mold populations on the controls were below detection after 0, 4, and 8 day and increased to 43 and  $65 \text{ CFU} \times 10^{-1}/\text{g}$  after 12 and 16 d of storage, respectively (Chien *et al.*, 2007).

Table (9): Effect of modified atmospheric packaging and edible coatings on total bacterial count ( $\text{CFU} \times 10^{-1}/\text{g}$ ) of prickly pear during cold storage at ( $4 \pm 1^\circ\text{C}$ ).

Storage days	Treatments			
	A	B	C	D
Season 2019				
3	2.75	2.75	2.75	2.75
6	5.89	3.95	3.23	3.00
9	12.26	5.82	4.54	3.75
12	R	8.45	7.87	6.45
15	R	11.57	10.54	9.82
18	R	12.65	10.82	10.13
21	R	R	11.43	11.12
LSD at 0.05%	S = 0.587 T = 0.243 S&T = 0.126			
Season 2020				
3	2.80	2.80	2.80	2.80
6	5.98	3.97	3.45	3.42
9	13.50	5.90	4.67	3.95
12	R	8.75	7.95	6.65
15	R	11.78	10.78	9.90
18	R	12.95	11.00	10.24
21	R	R	11.65	11.45
LSD at 0.05%	S = 0.642 T = 0.0563 S&T = 0.0942			

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected. S = Storage period, T= Treatment, S&T= Intefaction between treatments and storage period.

### 3.4 Total colony count

The results pointed out that all prickly pears were free from coliform group bacteria which may be due to the good sanitation practices in preparation and packaging of prickly pear, that could reduce the load of pathogenic

microorganisms as reported by Pirovani *et al.* (1996), Increasing the chitosan in the emulsion to form the coating of chitosan may reduce microbial growth during storage. Sholberg *et al.* (2000) reported that increasing the amount of vinegar (vapor) during cutting as a postharvest treatment significantly

decreased the development of conidia of *Bacillus cinerea* in fruits.

Table (10): Effect of modified atmospheric packaging and edible coatings on psychrophilic bacterial count (CFU × 10<sup>-1</sup>/g) of prickly pear during cold storage at (4±1°C).

Storage days	Treatments			
	A	B	C	D
Season 2019				
3	2.70	2.70	2.70	2.70
6	5.81	3.90	3.19	2.90
9	11.26	4.83	3.56	3.00
12	R	6.40	5.84	4.43
15	R	10.55	9.54	8.88
18	R	11.65	10.82	10.13
21	R	R	11.43	11.33
LSD at 0.05%	S = 0.0045 T = 0.0063 S&T = 0.0052			
Season 2020				
3	2.76	2.76	2.76	2.76
6	5.98	3.94	3.45	3.33
9	11.40	5.70	4.76	3.88
12	R	8.82	7.59	6.45
15	R	11.66	10.54	9.87
18	R	12.90	11.20	10.64
21	R	R	11.74	11.50
LSD at 0.05%	S = 0.0034 T = 0.0024 S&T = 0.0032			

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected. S = Storage period, T= Treatment, S&T= Intefaction between treatments and storage period.

Table (11): Effect of modified atmospheric packaging and edible coatings on moulds and yeasts count (CFU × 10<sup>-1</sup>/ g) of prickly pear during cold storage at (4±1°C).

Storage days	Treatments			
	A	B	C	D
Season 2019				
3	0.75	0.75	0.75	0.75
6	3.23	2.10	1.90	1.85
9	4.68	3.32	2.25	2.12
12	R	3.85	2.85	2.65
15	R	4.10	3.45	3.23
18	R	4.56	3.88	3.65
21	R	R	4.00	3.89
LSD at 0.05%	S = 0.0432 T =0.0523 S&T = 0.0786			
Season 2020				
3	0.80	0.80	0.80	0.80
6	3.34	2.28	2.00	1.95
9	4.85	3.96	2.54	2.35
12	R	4.10	2.95	2.86
15	R	4.28	3.58	3.35
18	R	4.65	3.98	3.90
21	R	R	4.12	3.95
LSD at 0.05%	S = 0.0543 T = 0.0423 S&T =0.0653			

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, R= rejected. S = Storage period, T= Treatment, S&T= Intefaction between treatments and storage period.

3.5 Sensory evaluation

Statistical analysis of panelists scores of organoleptic properties of the modified atmospheric packaging and edible coatings of minimally processed prickly pear during cold storage. Data in Table (12) revealed a gradually significant ( $p \geq 0.05$ ) decreased in values of the flavor, color, appearance and overall acceptability with increasing the storage period (21 days) for treatment mixing,

(60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub>) with edible coating (D). Generally, it could be concluded that modified atmospheric packaging and edible coatings of minimally processed prickly pear prolonged its shelf life, freshness and quality upon cold storage. However, the storage in the modified atmospheric packaging and edible coating minimally processed prickly pear at cold temperature more effective than control sample.

Table (12): Sensory evaluation of prickly pear during cold storage at (4±1°C).

Storage days	Treatments															
	A				B				C				D			
	F	L	P	O	F	L	P	O	F	L	P	O	F	L	P	O
Season (2019)																
0	24.99	7.75	46.50	79.24	25.65	8.15	48.60	82.4	24.6	7.30	48.6	80.5	25.05	7.10	49.2	81.35
3	19.05	7.80	36.00	62.85	22.2	8.43	46.5	77.13	24.00	7.45	48.00	79.45	24.36	7.45	48.00	79.81
6	12.3	7.90	24.00	44.2	20.16	8.75	42.9	71.81	23.1	7.60	47.4	78.1	23.35	7.75	47.8	78.9
9	R	R	R	R	18.00	8.90	42.00	68.9	20.7	7.80	46.5	75	21.45	7.85	47.00	76.3
12	R	R	R	R	15.3	9.00	39.60	63.9	20.2	8.0	44.4	72.6	20.1	8.10	45.5	73.7
15	R	R	R	R	14.1	9.0	29.1	52.2	17.55	8.10	36.6	62.25	19.2	8.20	41.4	68.8
18	R	R	R	R	R	R	R	R	15.00	8.12	28.15	15.9	8.33	39.6	63.83	
21	R	R	R	R	R	R	R	R	R	R	R	R	15.00	8.33	29.00	52.33
LSD at 0.05%      S = 4.2125      T = 5.0437      S&T = 9.7373																
Season (2020)																
0	25.50	7.80	48.01	81.31	30.30	8.00	49.11	87.41	28.44	7.33	50.00	85.77	29.40	7.50	50.37	87.27
3	18.90	7.90	36.55	63.35	26.65	8.20	46.43	81.28	26.34	7.55	48.22	82.11	27.45	7.75	48.75	83.95
6	11.10	8.00	23.16	42.26	23.10	8.50	43.00	74.60	24.31	7.75	47.10	79.16	26.63	7.88	48.55	83.06
9	R	R	R	R	20.00	8.75	42.15	70.90	22.09	7.88	46.50	76.47	24.60	7.95	46.45	79.00
12	R	R	R	R	16.25	8.90	38.90	64.05	18.00	7.95	43.55	69.50	22.00	8.05	45.00	75.05
15	R	R	R	R	13.22	9.01	28.85	51.08	16.33	8.10	37.02	61.45	19.75	8.15	40.85	68.75
18	R	R	R	R	R	R	R	R	14.18	8.15	28.00	50.33	17.55	8.25	38.00	63.80
21	R	R	R	R	R	R	R	R	R	R	R	R	14.90	8.30	28.90	52.10
LSD at 0.05%      S = 4.3726      T = 5.1966      S&T = 9.8625																

A = Control, B = Under vacuum, C= Mixing, 60% CO<sub>2</sub> / 20% N<sub>2</sub> /20% O<sub>2</sub>, D = Mixing, 60% CO<sub>2</sub> /20% N<sub>2</sub> /20% O<sub>2</sub> + Edible coating, F = Flavor (30), L = Color (10), P = Appearance (60), O = Over all acceptability, R = Rejected samples, S= Storage period, T= Treatment, S&T= Intefaction between treatments and storage period.

Finally, the obtained results in this study it could be concluded that these findings may be of application benefit in the field of food industry. Organoleptic properties of the product can be assessed by color, flavor and texture (Özogul and Özogul, 2006). Statistical comparisons between the results from sensory changes during

the storage period showed that there were significant ( $p \geq 0.05$ ) differences in reducing values depended on the storage period. In addition, it was found that the statistical importance between the values of appearance, odor, flavor and texture were higher than in the other months in the samples of vacuum packaging , and



gas mixtures (70% CO<sub>2</sub> /30% N<sub>2</sub>, 50% CO<sub>2</sub> /50% N<sub>2</sub>) marinated anchovy, respectively (Günşen *et al.*, 2011). This phenomenon causes changes in organoleptic properties of the product, where high percentage of CO<sub>2</sub> probably leads to negative effects on other aspects of the product especially on the sensory aspects. Efficiency of carbon dioxide as anti-microorganism mediator is not entire and is relies on the food product properties and the existence of microbial flora (Velu *et al.*, 2013).

#### 4. Conclusion

From the results, it became clear that modified atmospheric packaging with edible coating was the best, followed by modified atmospheric packaging alone, which prolonged the shelf life and enhanced the characteristics of prickly pear fruits quality when stored at the cold temperature compared with control. Based on obtained results in this study, it can be concluded that these results may be used in the food industries.

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